

PINHOTI 100 MILE ENDURANCE TRAIL RUN

	AID STATION	DISTANCE	COURSE MILE	STATION READY BY	15HR PACE	24HR PACE	CUTOFF 30HR PACE	CREW/ BAG DROP	PACER
	Pine Glen Camp Ground	0	0					C	
1	Highrock, FS531	6.7	6.7	8:45am	9:00 am SAT	9:36 am SAT	10:00 am SAT	C	
2	Shoal Creek, Hwy 78	6.57	13.27	9:45am	9:59 am SAT	11:10 am SAT	11:57 am SAT	C, BD	
3	Horseblock, I20 Overpass	5	18.27	10:30am	10:43 am SAT	12:22 pm SAT	1:27 pm SAT	C	
4	Hwy 431	4.44	22.71	11:15am	11:23 am SAT	1:25 pm SAT	2:46 pm SAT		
5	Lake Morgan, Cty 24	4.95	27.66	12:00pm	12:07 pm SAT	2:36 pm SAT	4:15 pm SAT	C	
6	Blue Mtn, CC Rd	6.9	34.56	1:00pm	1:09 pm SAT	4:15 pm SAT	6:18 pm SAT		
7	Bald Rock	6.38	40.94	2:00pm	2:06 pm SAT	5:46 pm SAT	8:12 pm SAT	C, BD	
8	Silent Trail	4.31	45.25	2:30pm	2:45 pm SAT	6:48 pm SAT	9:30 pm SAT	C	
9	Hubbard Creek	6.82	52.07	3:30pm	3:46 pm SAT	8:26 pm SAT	11:32 pm SAT		
10	Adams Gap	3.27	55.34	4:00pm	4:15 pm SAT	9:12 pm SAT	12:30 am SUN	C, BD	
11	Clairmont Gap	4.95	60.29	4:45pm	4:59 pm SAT	10:23 pm SAT	1:59 am SUN	C	Y
12	Chandler Springs	5.15	65.44	5:30pm	5:45 pm SAT	11:37 pm SAT	3:31 am SUN	C	Y
13	Porters Gap	3.34	68.78	6:00pm	6:15 pm SAT	12:25 am SUN	4:30 am SUN	C, BD	Y
14	The Pinnacle	5.75	74.53	7:00pm	7:06 pm Sat	1:47 am SUN	6:13 am SUN		
15	Power Line	5	79.53	7:45pm	7:51 pm SAT	2:59 am SUN	7:43 am SUN		
16	Bulls Gap	6.1	85.63	8:45pm	8:46 pm SAT	4:26 am SUN	9:32 am SUN	C, BD	Y
17	Rocky Mt Church	4	89.63	9:15pm	9:21 pm SAT	5:24 am SUN	10:43 am SUN	C	Y
18	Watershed, 609 & 609A	5.58	95.21	10:00pm	10:11 pm SAT	6:43 am SUN	12:23 pm SUN	C, BD	Y
19	Finish, Sylacauga Stadium	5.38	100.59		11:00 pm SAT	8:00 am SUN	2:00 pm SUN	C, BD	

Y= YES

C= CREW ALLOWED

BD= BAG DROP